

FREE

fro-yo

G On

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Broadway
@ 52nd St**

52 FREE
Each Day
shhh... it's a secret

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Check the **secret code** on our **Facebook** page each day between January 9th and January 15th!

Be one of the **first 52 people** to come into our **52nd & Broadway** location with the **secret code** the same day between 11am-7pm. See additional details on our Facebook page.

up market fro-yc

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1657
Broadway
(at 52nd St.)

up market

WELCOME TO OUR NEW HOME AT 1657 BROADWAY

Enjoy an extensive menu of convenient treats, self serve yogurt, pastries, and sushi, all of it made fresh daily. Fuel up with fresh produce and energy juices, delicious sandwiches and salads, and of course, your morning Starbucks coffee... It's all under one roof. **Welcome!**

up market fro-yo

NEW! upmarket fro-yo made with all natural ingredients. Our upmarket fro-yo is produced locally from the folks at Ronnybrook Farm Dairy in New York.

Flavors:
Original tart
Blueberry Tart
Strawberry
Vanilla
Chocolate
Mango
Coffee
Peach

Plus over **15 Toppings** to choose from! Try our unique varieties today!



up market freezee



NEW! Check out our brand new upmarket freezee machine. 4 handles of ice cold freezees at your fingertips! **Need we say more?**

PASTRIES

From New York bagels to flaky, buttery croissants and every fruit-filled, sugar-glazed, candy-coated thing in between!

Our bakery serves up a range of fresh, delectable items daily. They're the perfect compliment to your morning coffee, a mid-afternoon snack, or a quick bite on the go. Decadent? Sure. **But your soul knows it's good for you.**



Our Coca-Cola Freestyle machine puts over 100 drink choices (even ones not currently available in the States) at your fingertips—ready to blend a nearly infinite number of ways. Go conservative with a simple Coca-Cola with Vanilla, or get aggressive with a combination of Pibb Xtra, Fanta Peach and Powerade Zero Lime. **The machine does not judge, so we'll leave your taste buds to be the decider of what's right for you.**

up market juice



Healthy living has never been more convenient with **so many delicious smoothies and juices to choose from.** Come in and enjoy your favorite juices and smoothies with the convenience of Duane Reade.



fresh produce

We keep your favorite fruit treats like apples, bananas, grapefruits, oranges, pears and watermelon on hand alongside vegetables like avocados, potatoes and onions. Our excellent selection of naturally wholesome produce is great for an on-the-go snack. **(Tip: You can even use it to whittle down your grocery list if there's no time to stop at the market.)**



Fresh Meals to Go! These days it seems harder and harder to eat well on the go. Luckily, we have fresh sandwiches, wraps, yogurt cups, salads and even fresh made entrées. **Whether you have a hankerin' for Penne a la Vodka with Grilled Chicken or Beef and Broccoli, we think you'll be impressed.** And talk about easy, just slide them in the microwave for a few minutes, and lunch or dinner is done!



up market sushi

Up Market sushi offers an extensive variety of sushi rolls and sashimi at moderate prices. Each day, we prepare popular and innovative hand-rolled fresh sushi for our extensive pre-set menu. **And don't worry—if we're out of a particular roll, we'll gladly make you more.**



**NEW IN THE
NEW YEAR**

**THE BEST IS
YET TO COME**

▶ **Wellbeing** How to really make changes in your life {page 17}

▶ **Jobs** Make work work for you {page 18}

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MTA shuts out late-night riders

▶ For the first time ever, MTA will close large stretch of the 4, 5, 6 starting tonight
▶ Agency says 7-hour shutdown will speed up track work ▶ Some riders worried about safety ▶ Other lines coming up next: Is this a taste of things to come? {page 02}

Playoffs. Giants advance



▶ Running back Brandon Jacobs basks in the Giants' victory in the first-ever playoff game at MetLife Stadium.

The Giants defense came up huge as they shut down the vaunted Falcons offense, 24-2, to move on to the divisional round next week against the Packers. The defensive line harassed Atlanta quarterback Matt Ryan all day, while quarterback Eli Manning and wide receiver Hakeem Nicks came up big for the Giants. {pages 22-23}

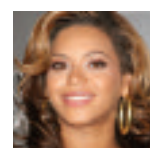
News

One year since Gabby was shot

▶ Congresswoman returns to scene where she was shot in the head ▶ Eight other victims remembered {page 10}

Beyonce gives birth to Blue

We think the happy couple chose that name because of a Jay-Z album title {page 12}



No pants? That didn't stop 'em

Hundreds storm subway in their underwear {page 06}

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1

In the news

Cart victim forgives

The woman hit by a falling shopping cart at the East Harlem Target center reportedly forgives the two teenagers who allegedly threw it over the rail, according to the New York Post. Marion Hedges is not bitter, even though she is now brain injured. ● METRO/AB

In the news



Slush of LI victim released
Suffolk County police released a new sketch this weekend of one of the victims of the Long Island serial killer. This woman's remains were discovered in April, and match body parts found on Fire Island in April 1996, according to police. ● METRO/AB

Late-night workers stranded by MTA?

- ▶ Transit agency will bring sizeable section of 4,5,6 to standstill tonight
- ▶ Nearly seven-mile stretch of Lexington Avenue line shut down at 10 p.m.

EMILY ANNE EPSTEIN/METRO



▶ "I'm really screwed," said Pamela Wiznitzer, who tends bar at a SoHo eatery, but lives on the Upper East Side. "I don't want to have to take a \$12 cab every night."

Losing faith in 24-hour service?

NEW YORK. Today marks the first time the MTA has ever shut down large sections of a subway line for maintenance.

"It's a very big change for a 24-hour subway system," said Gene Russianoff of the Straphangers Campaign.

Bill Henderson, an agency watchdog, worried the new plan would tarnish the reputation of a subway system meant to run 24/7.

"This chips away at that a little bit," he said. ● METRO/EAE

Fastrack? New Yorkers say the MTA is on the wrong track.

Starting tonight, the MTA will begin an unprecedented repair program called "Fastrack," in which a large swath of the 4,5,6 subway line will be shut down in both directions.

The 6.7-mile chunk of the line between Grand Central and Atlantic Avenue will be closed from 10 p.m. to 5 a.m. every night this week, until Jan. 13. As part of the plan, the MTA will shutter 15 stations along the route.

Fastrack, a new pilot program for track work,

will enable the MTA to do repairs more quickly and efficiently, say transit agency officials, instead of spreading the work out over a longer period of time.

But some riders who

regularly depend on late-night trains are now left out in the cold — literally.

"I'm really screwed," said Pamela Wiznitzer, 27, a bar manager who lives on the Upper East Side. "I go to NYU and I need the 6 train.

I don't want to have to take a \$12 cab every night."

While the MTA says commuters will only suffer 20-minute delays, Bill Henderson, of the MTA's Permanent Citizens Advisory Committee, worries the re-

al delays will be much longer.

"If you miss a couple of connections, theoretically, you could add 40 minutes onto a trip," said Henderson.

Safety is another concern. Wiznitzer said she gets out of work at midnight on weekdays, carrying hundreds of dollars in tips. "We have a lot of cash on us and people can just follow us from the restaurant," she said. "We're a prime target if we're stuck waiting outside."



EMILY ANNE EPSTEIN
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More shutdowns

The following line segments will be closed this winter for track work:

- ▶ The 1, 2, 3 from 34th Street to Atlantic Avenue will be the next to close nightly, from 10 p.m. to 5 a.m. from Feb. 13-17.



- ▶ The F, D and B from 59th Street/Columbus Circle to West Fourth Street will be closed nightly from 10 p.m. to 5 a.m. from Feb. 27 to March 2.
- ▶ The A, C, E from 59th Street/Columbus Circle to Jay Street/MetroTech will be closed nightly from March 12-16.



▶ Bloomberg

Pressure on for State of the City

NEW YORK. Public Advocate Bill de Blasio said Saturday that Mayor Michael Bloomberg should use his State of the City speech this week as an opportunity to announce the city

2M An estimated 2 million New Yorkers rely on food stamps.

will end its policy of fingerprinting for food

stamps. But Bloomberg said he wants to continue the practice, to make sure people don't cheat the system. "There's no stigma ... to being fingerprinted," he said. ● METRO/AB

After helping countless knee pain sufferers eliminate their pain, a local doctor warns,

“If you or a loved one are scheduled for knee surgery, READ THIS ARTICLE BEFORE IT’S TOO LATE.”

A safe, non-surgical FDA cleared treatment is now locally available, proven to effectively reduce and even eliminate knee pain. The best part? It's covered by most insurances.



According to the American Academy of Orthopaedic Surgeons (AAOS), there are about 270,000 knee replacement operations performed each year in the United States. This image depicts the procedure.

Manhattan, New York:

Today, the average American lives about 30 years longer than they would have a hundred years ago. However, the age of premature wear and tear to knee joints is occurring at an alarming rate (half of all anti-inflammatory drug prescriptions written in the U.S. are for joint pain). Most patients treated are getting younger and younger. We're noticing that even busy executives have extremely active lifestyles. Between stressful deadlines, caring for families, and participating in exercise and sports, they're actually grinding their joints away. And sometimes, it goes unnoticed until it's too late.

Considering Surgery?

People who suffer from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails and the pain is too much, some think that surgery is the only option.

However, there's good news... and you've probably never even heard of it.

A revolutionary new non-surgical treatment called *Viscosupplementation Therapy* is providing hope and relief for many knee pain sufferers. Offered locally by Dr. Halland Chen, M.D., this procedure is minimally invasive, requires **no** surgery, provides immediate results, and has little to no recovery time.

How does this therapy work?

Dr. Chen uses the newest, most advanced technology in medical equipment and years of experience to pinpoint problem areas with extreme accuracy. Viscosupplementation is then injected into the knee and bonds with naturally occurring joint fluid to create a lubricating and cushioning layer. It also reduces pain, inflammation, and swelling of the joint. Most patients compare the treatment to getting a flu shot and report little pain or discomfort.

Precision is the difference.
**Fact: 1 of 5 blind injections
result in needle misplacement.^[1]**

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To see videos of our procedure, visit

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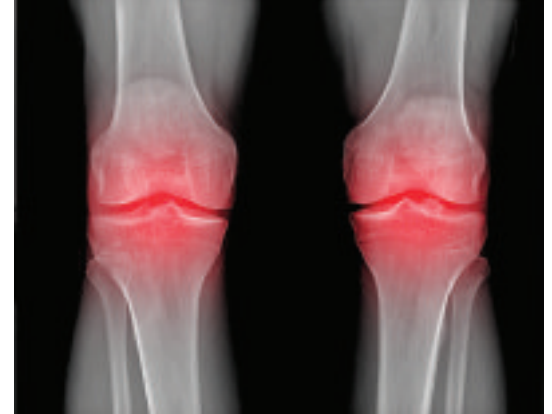
130 William Street, Suite 903, NYC 10038
Fulton Street Station in the Financial District

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An actual Hyaluranic Acid (Hyalgan) injection performed by Dr. Halland Chen, utilizing the new 2011 Philips® C-Arm

1. Daley EL, Bajaj S, Bisson LJ, et al. Am J Sports Med. 2011 Mar;39(3):656-62. Epub 2011 Jan 21.
2. Bannuru RR, Natov NS, Obadan I, et al. Therapeutic Trajectory of Hyaluronin Acid Versus Corticosteroids in the Treatment of Knee Osteoarthritis: A Systematic Review and Meta-Analysis. Arthritis Rheum. 2009 Dec 15;61(12):1704-11.



Read this if you have already had treatment with Hyalgan® or cortisone without good results.

If you have already had treatment with one of the products listed above (even Hyalgan®) and did not get the results you were looking for, we still may be able to help you. And here is why:

Of the above treatments, Dr. Chen uses Hyalgan® because it has greater long-term effectiveness,^[2] and in his clinical experience, has given him the best results.

Hyaluronic acid (Hyalgan®) is a natural substance extracted from rooster combs and purified to mimic the lubricating substances that occur naturally in the joint, called *synovial fluid*. In patients with osteoarthritis, synovial fluid “dries up,” allowing the cartilage of the joint to rub against itself and other surfaces. This causes pain, inflammation, and usually damage to the joint. Think of this treatment like oiling a rigid, squeaky door hinge.

Studies show that doctors performing joint injections without fluoroscopy can miss the joint space 1 out of 5 times.^[1] Dr. Chen is trained in the use of state-of-the art fluoroscopy (a low-dose motion x-ray) to see inside the joint to make sure treatments have the best possibility for maximum success.

If your doctors did not use this state-of-the-art fluoroscopy, there's a chance that the Hyalgan® did not end up where it was supposed to.

Will my insurance cover this treatment?

Yes, most PPO insurances will cover this treatment. We work with:

- Aetna PPO
- Blue Cross Blue Shield PPO
- Cigna PPO
- United Healthcare PPO

...and most other PPO insurances.*

Unfortunately at this time, we do not participate with Medicaid, Worker's Comp., No-fault (car accident insurance), and EPO or HMO plans.

*Co-insurance and deductible apply.

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04

NYC's #1 FREE DAILY
MONDAY, JANUARY 9, 2012

ALLISON JOYCE/GETTY IMAGES



► Occupy Wall Street activists demonstrate in Times Square on Dec. 17 to mark the three-month anniversary of the Occupy Wall Street movement. The movement has largely retreated from the public eye since the NYPD forced protesters out of Zuccotti Park on Nov. 15.

OWS debates how to spend its \$300K

► Much of Occupy Wall Street's \$700,000 already spent ► Movement meets daily at 60 Wall Street

Nearly two months after the NYPD raided Zuccotti Park, Occupy Wall Street protesters are now deciding how to spend \$300,000 left in their coffers.

At a recent meeting, protesters debated what to do with the money, down from \$706,855 at the movement's peak, according to the New York Post. Much of that \$700K came via online donations from OWS supporters and has already been spent on food and supplies.

The remaining OWS members meet daily at the atrium at 60 Wall Street. During one such meeting, the Post reported, one of

"We need to find a new spot to permanently occupy." PAR'JILA KOTE

the ideas pitched included burning the cash in a bonfire on Wall Street, a suggestion that has since been dropped.

About two dozen protesters met at the atrium yesterday. There, Yuri P., a wireworker who came all the way from Siberia to join OWS, said he wants to organize a fundraiser, perhaps a crafts fair, to ensure occupiers are self-sustaining.

"The general fund

should be used for things like housing and major obstacles, like getting us out of jail," he said.

Protester Par'jila Kote, 19, thinks the money should be spent on a van circling the boroughs to tell people about Occupy, or a new place to set up tents.

"We need to find a new spot to permanently occupy," he said.

But Kote also said the movement is "falling apart," with occupiers scattered. "Nothing ever gets done," he complained.



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alison.bowen@metro.us

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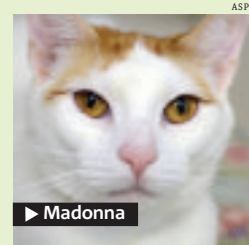
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NEW YORK. Madonna is a 2.5-year-old domestic shorthair mix who is waiting for a home where she can shine.

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Madonna is a real sweetheart, but she's still



► Madonna

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learning to trust people she's meeting for the first time.

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Madonna is spayed and up-to-date on all vaccinations. We also include a microchip and free follow-up vet exam.



Weeknight Service Changes



January 9 through 13
10PM to 5AM

No trains between Grand Central-42 St and Atlantic Av in both directions on four consecutive weeknights due to FASTRACK maintenance and repairs.

- No **4** service between Grand Central-42 St and Atlantic Av.
 - Overnight **3** service is extended into Brooklyn.
 - **3** trains make all **4** stops between Atlantic Av and New Lots Av.
- **5** service in Manhattan ends early.
 - Last Manhattan-bound train from E 180 St is 9:37 PM.
 - Last Bronx-bound train from Grand Central-42 St is 10:26 PM.
- No **6** service between Grand Central-42 St and Brooklyn Bridge.
- We're fixing things up in the stations, on the tracks and everything in between.
- We're aiming to get work done in less time, at less cost.

What is FASTRACK?

It's an entirely new approach to how we perform maintenance and upgrades that are critical to providing reliable service. Partial closure of a subway line on four consecutive weeknights will allow us to more safely inspect, maintain, and upgrade our stations, tracks and signals in less time, at less cost.

Stay Informed

We understand the inconvenience this may cause you, and we will do everything possible to help you get to your destination safely and easily. For updated information, look for posters and brochures in stations, visit mta.info to sign up for free email or text message alerts, or call 511.

####FASTRACK

News
in picturesPantless riders
drop trousers
citywide

NEW YORK. No, you weren't seeing things on the trains yesterday. Subway riders stripped down to their skivvies for the 11th annual No Pants Subway Ride. ● METRO/AB

1: The rules are few, but sacred: No pants. No laughing.
2: Comedy group Improv Everywhere started the event in 2002 as a prank.

3: The No Pants Subway Ride now attracts hundreds in New York annually, and has spread worldwide.

4: But last year, more than 30 people were fined for indecency when they tried to replicate the No Pants Subway Ride in South Africa.

5: Participants enter subway cars fully clothed and then casually remove their pants.



PHOTOS: TIMOTHY A. CLARY/AFP/GETTY IMAGES

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Tea Sets	Up To	\$5,000
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Check your items to see if you own any of these valuable coins:

1798 15 Stars obverse.....	Up To ...	\$25,000
Gobrecht reeded edge dye alignment.....	Up To	\$5,500
1873CC Liberty Sealed.....	Up To	\$5,500
1878CC.....	Up To	\$15,500
1889CC.....	Up To	\$13,000
1928.....	Up To	\$5,500

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All Kinds, Time Periods & Types

We will pay UP TO the following for rare & collectible jewelry:

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Brooches	\$15,500	Cuff Links.....	\$1,000
Pendants	\$8,000	Pins.....	\$5,500
Necklaces	\$26,000	Rings.....	\$16,000
Cocktails Rings	\$15,500	Art Nouveau.....	\$12,500
Charm Bracelets	\$5,500	Lavalieres.....	\$8,000
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*\$2.50 1840 to 1929	*\$5.00 1839 to 1908	*\$20.00 1850 to 1933
*\$3.00 1854 to 1889	*\$5.00 1908 to 1929	

Your Coins Could be Worth Up To Hundreds — Even Thousands!

*Check your items to see if you own any of these valuable coins:

\$1.00 1849C	Up To	\$10,500
\$2.50 1796 Capped Bust large left side	Up To	\$18,000
\$2.50 1841 Quarter Eagle Liberty Head	Up To	\$5,000
\$3.00 1854D.....	Up To	\$10,500
\$5.00 1838D.....	Up To	\$10,500
\$5.00 1842C Small Date, 1861D, 1864S.....	Up To	\$6,500
\$5.00 1909O, 1929	Up To	\$6,500
\$10.00 1859O, 1863S, 1875	Up To	\$8,000
\$20.00 1856O, 1854O, 1860O, 1861S, 1870CC, 1886, 1891	Up To	\$10,500

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Really like it here! Everyone is very kind, great atmosphere. I have been back 4 times!
— C. Pace

I have been here 2 times and both times the people that work there were very friendly. I would

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It was really fast!
— A. Davis

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— J. Simek

My service was exceptional!
— C. Sweeney



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Ditshiem	\$14,000	Longines	\$13,000		
Dudley	\$11,500	Movado.....	\$2,500		
E. Howard & Co.....	\$12,000	Omega	\$2,500		
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Frodsham.....	\$12,000	Seth Thomas	\$1,500		
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Up To \$15,000



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Tiffany & Co.
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Cartier
Up To \$12,500



Longines
Up To \$13,000

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MONDAY, JANUARY 9, 2012

EMILY ANNE EPSTEIN/METRO



► NY Waterway officials would not confirm whether they are discussing increasing the East River Ferry's on-board surcharge in the future.

East River Ferry denies rumored \$2 ticket surcharge

Amid rumors that a new \$2 surcharge could be added as early as today on the East River Ferry, NY Waterway denied the price hike, saying the fare structure has not changed.

Several riders on the popular ferry reported hearing from ferry workers that, come today, Monday, Jan. 9, the price for a single ticket purchased on board would jump from \$4 to \$6.

"A worker was handing out information a couple days ago about a new app, saying ticket prices were going to go up on Monday, but if we used the app, we could avoid the increase," one passenger told Metro.

But Damiano DeMonte, a spokesman for NY Waterway, said there will be no new fee. However, there has always been a \$1 serv-

600K

The East River Ferry, which connects Manhattan to Long Island City, Governor's Island, Williamsburg and DUMBO, has transported 600,000 passengers since it launched in June.

ice charge for passengers who buy tickets on board using a credit card, and that will remain.

"Any announcements made were to inform passengers that they may avoid that charge by utilizing the new app to buy their ticket," DeMonte said in an e-mail.

Yet there seemed to be some continued confusion

over the matter on Friday, after the administrator of the East River Ferry's Facebook page posted a comment in response to a customer's inquiry about the possible new surcharge, but later deleted it.

"The ticket prices ON BOARD the boat will result in a \$2 surcharge. Tickets bought prior to boarding the vessel (such as at a ticket vending machine) will not have this surcharge, so those prices will remain as is," read the comment.

Within an hour, it was deleted and replaced with another comment by East River Ferry: "Correction in our last post. There is no change [in] pricing at this time."



CASSANDRA GARRISON
cassandra.garrison@metro.us

Accused of faking her kid's death

MANHATTAN. A New York City school employee allegedly lied about her own daughter's death in order to get an extended

Costa Rican vacation, the Daily News reported. Joan Barnett, a parent coordinator, is accused of making one of her daughters tell administrators that her sister had a heart attack in Costa Rica, where she said Barnett needed to travel. ● METRO/AB

Officers arrested

BRONX. Two city corrections officers were arrested over the weekend. Darrel Williams, 48, was charged with assault and Preston Menefee, 46, was arrested and charged with patronizing a prostitute. ● METRO/AB

ALEX WONG/GETTY IMAGES



► Mitt Romney and Newt Gingrich got into it during the debate, while Ron Paul was stuck between.

Rivals turn up heat on GOP front-runner

Republican front-runner Mitt Romney emerged yesterday from back-to-back debates in New Hampshire a bit dinged but not seriously dented as rivals stepped up attacks to slow his march toward the presidential nomination.

Two days before voters in the small New England state head to the polls for the first 2012 primary election, Romney took heat on a number of topics: his record as governor of neighboring Massachusetts, the attack ads run by an outside group on his behalf and a suggestion he would wither in the face of attacks from Democratic President Barack Obama.

But there was little to suggest the former venture capitalist had suffered any setback in a pair of debates Saturday night and yesterday morning in New Hampshire, where he is



"If his record was so great as governor of Massachusetts, why didn't he run for re-election?"

SANTORUM OF ROMNEY, WHO LAUNCHED HIS UNSUCCESSFUL 2008 WHITE HOUSE BID JUST WEEKS AFTER LEAVING THE STATEHOUSE AFTER ONE TERM.

heavily favored to win.

"Romney was dinged in the second debate, but not seriously wounded," said Larry Sabato, political analyst at the University of Virginia. "Basically, the candidates firmed up their own individual base but I don't think they took much away from Romney either in terms of Republicans or independents."

Slowing Romney's momentum has taken on new urgency in the face of polls showing he is also favored in the South Carolina primary on Jan. 21, despite being seen as less socially conservative as his competitors in the church-going southern state.

Romney's campaign has said that jobs and the domestic economy will be the focus of voters across the country this year, overshadowing other factors.

REUTERS

Newt: Mitt too moderate

House of Representatives Speaker Newt Gingrich said Romney would

"have a very hard time getting elected."

"There's a huge difference between a Reagan conservative and somebody who comes out of the Massachusetts culture who essentially has a moderate record,"

Gingrich said during the debate.

Gingrich's popularity in Iowa cratered in the face of millions of dollars of attack ads run from a super PAC, an outside group that was supporting Romney. REUTERS

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Arab league refuses to call for UN help in Syria

The Arab League urged the Syrian government yesterday to stop its violence against protesters and allow Arab monitors in the country to work more independently, but stopped short of asking for United Nations experts to bolster its peace mission.

The arrival last month of Arab monitors in Syria to see if the government was honoring a pledge to end a crackdown on a popular revolt has not ended the violence, in which the United Nations says more than 5,000 people have been killed.

The Arab League group on Syria said the government had only partly implemented a promise to stop the crackdown, free those jailed during the crisis and withdraw its troops from the cities. **REUTERS**

Gabrielle Giffords marks anniversary of shooting



► Tucson resident Kelly Hardesty places flowers at a memorial yesterday for the six people that lost their lives in a deadly shooting last year in Tucson, Ariz.

► 8 people gunned down last year ► 13 others hurt
► Congresswoman making miracle recovery

Bells rang across Tucson early yesterday marking the exact time last year the city was rocked by a deadly shooting spree that left Rep. Gabrielle Giffords gravely wounded.

Bells ringing at 10:11 a.m. local time, the moment of the Jan. 8, 2011, shooting, were among the first of a day of remembrance events for survivors and Tucson residents across the city.

Giffords made a surprise visit late on Saturday to the grocery store where a pistol-toting gunman pumped bullet after bullet into a crowd gathered for

"When you think on it, it's a healing moment."

DICK GUTHRIE, A VETERAN CONGREGANT

her congressional outreach meeting a year ago.

Gunfire struck and killed six people and wounded 13 others including Giffords, who was shot through the head and has been recovering at a Houston hospital.

About 200 people gathered at an Anglican church in north Tucson, near the scene of the shooting, for a

service that remembered victims.

"When you think on it, it's a healing moment," said Dick Guthrie, a veteran congregant who said he had known Giffords since she was a teenager.


Gary Huckleberry, whose daughter witnessed the shooting and suffered trauma, said he found the service healing.

"A lot of us have come a long way since that date a year ago. For some people it will take much more time to get over it, but having this service ... was healing," he said.

REUTERS

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ALEXANDER JOE/AFP/GETTY IMAGES



► South African war veterans stand guard in front a poster bearing pictures of former South Africa presidents Nelson Mandela and Thabo Mbeki, as well as current President Jacob Zuma.

100 years of ANC: Has South Africa come full circle?

A black bull bellows and snorts in its death throes, sacrificed with a ceremonial spear in an age-old African cleansing ritual to ward off evil spirits and appease the souls of ancestors.

South African President Jacob Zuma led the purification ceremony over the weekend at the site where the ruling party he leads, the African National Congress, was born 100 years ago. The birth launched decades of exile, protest and armed struggle that finally ended apartheid white-minority rule in 1994, when elections ushered in a multiracial democracy.

As the ANC celebrated its 100th birthday yesterday — in a \$12.3 million commemoration that in-

40%

Rebecca Motsele, a feisty, diminutive 76-year-old resident of Soweto township, complained that the government was not doing enough to help the poor and hungry and create jobs for the 40 percent of South Africans who are jobless.

cluded a huge banquet for invited heads of state and guests, a splurge of celebrity music shows and even a golf tournament — many were clamoring for the party itself to clean up its act after nearly 18 years at

the head of Africa's most powerful economy.

Under such legendary leaders as Nelson Mandela, Walter Sisulu and Oliver Tambo, who endured persecution and imprisonment, the ANC gained near-mythical status. Once the yoke of apartheid was thrown off, it began ruling South Africa in a blaze of international goodwill that viewed it as a moral beacon for a troubled continent and world.

Close to two decades later, this image has dimmed as critics inside and outside the country and movement accuse ANC leaders of indulging in the spoils of office, squandering and raping mineral resources and engaging in vicious power struggles. **REUTERS**

Ruling elite conspicuous

BLOEMFONTEIN, SOUTH AFRICA. Although there is no question that emotional support for the ANC, its history and its ideals remains high among a majority of South Africans, anger at the luxurious lifestyles and conspicuous consumption of

many of the ruling elite and their business backers burns strongly.

So does a widespread sense that the ANC has not delivered on its post-apartheid promise to provide "a better life for all."

A lifetime vice-president of the South African Council of Churches who was imprisoned in the 1970s under apartheid, 84-year-old Sal-

"Where is the rainbow nation at this [centenary]?"

MOTLANA

ly Motlana has accused Zuma and his ruling group of espousing narrow factionalism and has blasted the Zulu rituals — such as the cleansing — with which he likes to surround himself. **REUTERS**

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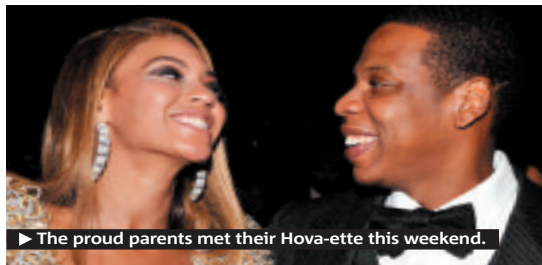
THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](https://twitter.com/dorothyatmetro) dorothy.robinson@metro.us

Beyonce gives birth to baby; names her 'Blue'

Beyonce Knowles and **Jay-Z** reportedly welcomed their daughter over the weekend, according to E! News. The baby, named **Blue Ivy Carter** (although some outlets are saying her name is "Ivy Blue Carter"), was delivered on a private floor of New York's Lenox Hill Hospital that the superstar couple had reportedly paid \$1.3 million to rent out. And while mom and baby recuperate, security is remaining high: Hospital workers have reportedly put tape over surveillance cameras, and employees' mobile phones are being confiscated when they arrive for shifts, sources tell



► The proud parents met their Hova-ette this weekend.

the New York Daily News.

There had to have been a musical motive to naming the child Blue (rhymes with "My boo?"). While it's not likely the name was inspired by albums by **Joni**

Mitchell or **Weezer**, I bet every time she does a doodle they can call it "The Blueprint" and "The Blueprint II." That, and it would have been weird to name her "Hova-ette."

Yet another celebrity engagement/pregnancy

Sienna Miller has stopped her homewrecking ways, it seems (remember when she alleged-

ly broke up the marriage of **Balthazar Getty**?). The actress and boyfriend **Tom Sturridge** are ready to get married and have a family, though which they'll do first isn't clear. Miller recently confirmed she's expecting her first child in June, and now word comes that Sturridge popped the

question during a recent vacation to Paris, according to Life & Style. "They're engaged and really happy. Her family is happy, as they absolutely adore Tom," a source says. "He filled their hotel suite at the Ritz with flowers and presented her with a vintage Victorian ring."

Scary. Sightings



► Jason Segel: Eek!

How I met ... a zombie?

Someone needs to make sure Jason Segel gets a nap, stat. The "Muppets" actor looked worse for wear at the 23rd annual Chicago Film Critics Awards Press Conference at the Ritz Carlton on Saturday.

Talking points

Timberlake's granny blabs

While **Justin Timberlake** and **Jessica Biel** may not have confirmed their recent engagement, Timberlake's grandmother is happy to take care of that for him. "Yes, Justin is engaged. Jessica is a very sweet girl, she's upright and everything and we love her," **Sadie Bomar** tells Radar Online. "She's a wonderful campaigner for the



Radcliffe

environment and Justin is too, a fine young man. Jessica will be a lovely member of the family."

Radcliffe: I can be 'useless'

Despite having been with girlfriend **Rosie Coker** for almost two years, **Daniel Radcliffe** insists he's far from a great catch. "I'm not an easy person to love," Radcliffe tells Parade magazine. "There are lots of times when I'm a very good boyfriend, but there are times when I'm useless." The biggest problem? That he talks "nonstop," he says. "And she

listens to it, and she loves me for my oddness, my awkwardness, all of those things that I hate about myself."

Rimes to expose herself?

While **Lindsay Lohan** was more than happy to bare all in this month's Playboy magazine, the publication hasn't been as lucky with other celebrities. **LeAnn Rimes** says she's been approached repeatedly about appearing nude, according to Hollyscoop. "They've asked me three times. My mom would kill me, but it's flattering," she says.

Ripa and Lowe? Yes, please!

There's been no word on just who will replace **Regis Philbin** now that he's retired from his daytime talk-show, but after two days of guest-hosting with **Kelly Ripa**, **Rob Lowe** is said to be a top contender for the position, according to TMZ. Network sources tell the Web site that ABC executives "loved the chemistry between" Lowe and Ripa. Other front-runners for the position include **Andy Cohen**, **Carson Kressley** and Ripa's husband, **Mark Consuelos**.

The feed ...

► Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Joel McHale is tempting fate, Kanye West is always at work, Denise Richards is letting her daughter do the shopping and Carrie Fisher is looking for a replacement.

► @joelmchale: Hey @kanyewest, what have you been doing lately?

► @kanyewest: The world is our office

► @DENISE_RICHARDS: Lola is funny always writing #s down of products on tv..she wants me to order slushy magic..anyone try it?

► @CarrieFisher: I suddenly feel I've been miscast as Carrie Fisher. I am holding auditions. The pay is not great. But at restaurants, you get great service—well, pretty good service, depending on the restaurant. And, if you're cast, you get a ton of shock treatments.



'War Horse,' 'Portlandia' and one tragic forehead tattoo

1. Actor Fred Armisen and actress-singer Carrie Brownstein rocked the red carpet at the start-studded "Portlandia" Season 2 premiere screening at the American Museum of Natural History on Thursday in New York City.

2. Catherine, Duchess of Cambridge, and Prince William, Duke of Cambridge, appeared at the U.K. premiere of "War Horse" at Odeon Leicester Square on Sunday in London.

3. Actress Michelle Williams debuted her new, bronzed bob at the Palm Springs International Film Festival Awards Gala on Saturday in Palm Springs.

4. Jessica Simpson showed off one hell of a baby bump at the

NBC Universal 2012 Winter TCA Tour All-Star Party on Friday in Pasadena.

5. Simon Doonan promoted his book "Gay Men Don't Get Fat" at Barneys New York on Saturday in New York City.

6. Angelina Jolie and Brad Pitt (check out his cane) also graced the 23rd annual Palm Springs International Film Festival Awards Gala with their presence on Saturday.

7. Michelle "Bombshell" McGee (nice forehead tattoo!) posed at the 2012 Lingerie Female Pillow Fighting Championships (yes, apparently, that exists) at The Deck at Harbor Pointe on Friday in Essington, Pa.

1: STEPHEN LOVEKIN/GETTY IMAGES
2: DAVE N. BENNETT/GETTY IMAGES
3: ALEXANDRA WYMAN/GETTY IMAGES FOR THE PALM SPRINGS INTERNATIONAL FILM FESTIVAL
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myentertainment

NBC at TCA: The weekend in review

► We learned why 'Smash' isn't 'Glee' and that we'll be seeing a lot more of Kathy Griffin ► More good news: 'Community' is safe — at least for now

Executives for the networks of NBC Universal presented their midseason offerings at the Television Critics Association press tour in Pasadena, Calif., during the weekend. They offered plenty of insight about the upcoming schedule — if not when some critics' favorites will actually appear on the schedule. The highlights:

'Community' (Return TBA)

"I wanted to dispel any no-

tion that it's quietly disappearing from the schedule," Robert Greenblatt, chairman of NBC Entertainment, says of the cult comedy. Exactly when it returns to the lineup depends on the performance of the NBC comedies currently on the schedule. As for a fourth season? "I don't know," he says. "Those are hard questions to answer at this point."

'Awake' (Premiere TBA)

One of the strongest pilots shown by any NBC Universal network, "Awake" stars Jason Isaacs (Lucius Malfoy from the "Harry Potter" films) as a cop who survived a car crash and now seems to live two realities: In one, his wife survived, while in the other, only his son lived. Isaacs calls the concept "a fantastic 'what if.'" While critics give it the thumbs up, it has yet to find a home on NBC's schedule.

'The Voice' (Premieres Feb. 5, 10 p.m.)

Why did "The Voice" catch on with audiences while other new singing competitions (ahem, "The X Factor") failed to capture the zeitgeist? "This show has replaced the idea of finding people who really cannot sing, and know they can't sing, and making a mock-



► The "Smash" team — including (front row, from left) stars Debra Messing, Katharine McPhee and Megan Hilty — talked to critics about the new show at the TCA press tour on Friday.

'Smash'

(Premieres Feb. 6, 10 p.m.)

The most buzzed-about midseason pilot stars Katharine McPhee and Megan Hilty as Broadway wannabes vying for the role of Marilyn Monroe in a musical. The drama has impressive theater pedigree but owes a small debt to that other musical drama on TV. "When Ryan Murphy did 'Glee' he broke a great barrier," says "Smash" executive producer Craig Zadan. "He al-

More TCA

► Follow Amber on Twitter at @Amberatmetro and check out www.metro.us/tv for more TCA updates.

lowed the networks to really believe that there was room for drama, comedy and music. I don't think that any of us feel that the show is like 'Glee,' but we feel grateful to 'Glee' for opening that door."

ery of that," executive producer Mark Burnett says. Judge Christina Aguilera says none of the celebrity mentors would have agreed to do "The Voice" if "ridiculing someone or poking fun at their inability to sing"

had been part of the gig. "It's not in support of anything we do as artists, and we wouldn't be a part of that," she says.

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On Bravo

'Kathy'

(Premiere TBA)

Kathy Griffin will bring her outspoken take on pop culture to Bravo in a weekly talk show. The one-hour "Kathy" will feature gossip, stand-up routines, celebrity interviews and taped segments. The comedian will

also tape two new one-hour comedy specials for the network this year.

'Watch What Happens: Live'

(Sundays through
Thursdays, 11 p.m.)

Bravo exec and "Watch What Happens: Live" host Andy Cohen debuted the weeknight schedule of his talk show last night. How is he going to keep

up the party vibe? "Four words: Ralph Fiennes Pajama Party. ... Me, Ralph Fiennes [and] Holly Hunter in PJs in the Clubhouse. That's one of the ways," he says of the special episode slated for Jan. 20. Other plans include adding Sandra Bernhard as a correspondent, a bigger studio and continued interactivity with the audience. "We're the only live show in late night," he says. "That gives us so much flexibility and room for fun."

First-world problem plays

► Are you really still wondering if money can buy happiness? ► Plays about rich people suffering may keep audiences at an emotional distance

Playwrights can't seem to stay away from them this season: family dramas inside mansions filled with attractive, able-minded artists and academics. Now playing are "Stick Fly" and "Other Desert Cities," which

both exhibit plots that bank on our sympathy for the oh-so-relatable consequences of affluence. Let's don our monocles and have a look:

T. MICHELLE MURPHY
tmichelle.murphy@metro.us

'Stick Fly'

Two brothers — a plastic surgeon (Mekhi Phifer) and a budding novelist (Dule Hill) — bring their girlfriends to the family's summer home on Martha's Vineyard. Everyone

struggles to define their roles and earn approval. Meanwhile, hints are dropped like anvils that there may be more than meets the eye within these vaulted walls nonchalantly draped with collectible, rare artwork. Pithy references to sci-

'Other Desert Cities'

A NYC writer returns to sunny Palm Springs for the holidays to tell her family about her new book — detailing their deeply troubled past, including the death of one son. As the nuclear family (plus an eccentric aunt played splendidly by Judith Light) banter about tennis, country clubs and what-will-people-think, its members gradually poke at each other's vulnerabilities and versions of the truth until extreme secrets are revealed. Though taken to task in turn, the characters can seem egocentric at best and indecisive at worst. They lament the difficulty of maintaining appearances while em-



► Rachel Griffiths, left, stars with Stockard Channing in "Other Desert Cities." Find tickets at www.ltc.org.

broiled in controversy. The political storyline makes this a worthwhile watch, and the acting is not to be missed. Still, we would happily trade our problems for a six-figure book contract that might make mommy

and daddy mad. Humility takes a surprising form when the writer (Rachel Griffiths) and her brother (Thomas Sadoski) argue who's more depressed, with the latter offering a touching, self-effacing monologue.



► "Stick Fly"

ence, sociology and literature are bandied as everyone fights to prove they're smart. Granted, there's a spin on this story — it's African-Americans dealing with the stigma of upper-classism, a plight uncommon to the stage. The housekeeper

(Condola Rashad) keeps it fresh — in more ways than one. In the end, some characters might not feel they are loved quite enough, but thankfully they have their status and success to keep them warm.
www.stickflybroadway.com

TV watch list



► From left: Danielle Colby-Cushman, Mike Wolfe and Frank Fritz are "American Pickers."

'American Pickers'

REALITY. You're not the only one who's a fan of this "one man's trash is another's treasure" show. Tonight, White Stripes frontman Jack White opens the doors of his Nashville-based Third Man Records for the guys to pick some cool band artifacts in exchange for other historic loot. 9 p.m., History
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What's in store for 2012

- ▶ Astrologist Susan Miller gives us a sneak peak
- ▶ Plus, why reading for two signs is ideal

NEW IN THE NEW YEAR

We recently spent an afternoon with astrologer Susan Miller, the founder of AstrologyZone.com, at "Under the Stars with Susan Miller and Todd English," a lecture and dinner series pairing Miller's zodiac predictions with English's culinary interpreta-

The best year...

- ▶ **For career:** Leo (first half of 2012) and Virgo (second half, after June 12)
- ▶ **For love:** Capricorn and Aquarius
- ▶ **For luck:** Taurus and Gemini
- ▶ **For finance:** Aries (first half) and Taurus (second half)
- ▶ **For health and fitness:** Sagittarius (first half) and Capricorn (second half)

tions of the signs. We asked her what we can expect in 2012 — but first: a message to anyone who thinks astrology is a bunch of hocus-pocus.

"Astrology is a study of mathematical cycles," Miller says. "There's no predestination. You can see if the planets are harmonious or fighting each other."



MEREDITH ENGEL
meredith.engel@metro.us



▶ "There's so much out there that people need to know," Miller says.

Quoted

"It's a very slow start to the year, and we have to be patient because Mars is retrograde. Reassess your assumptions and your plan." MILLER

Expert tip

Get your most accurate reading

"Most people know their birthday, but it's so critical to know your rising sign. The rising sign goes by the exact time of birth. Once you know it, for the rest of your life you need to read for that sign too — you're gonna get 80 percent of your outlook for the month."



Miller's new book, "The Year Ahead 2012," is in stores next month.

Miller's thoughts

▶ On the economy and politics:

"[Economic trouble] isn't really gonna loosen up until Oct. 4, when Saturn leaves Libra. We're gonna see the real estate market get better in the fourth quarter. I think Obama's gonna do better."

▶ On Occupy Wall Street:

"It's gonna grow big. It's gonna go all the way to

March 2015. It's gonna get more developed. It could even turn into a third party."

▶ On pop culture:

Kim Kardashian: "[She] did not get married at the right time. It was actually the worst time. She's a late Libra, and it shows sadness. She's feeling loss."

Jessica Simpson: "She's a Cancer. Actually, her best year of her life is the summer of 2013 to the summer of 2014. I think she may have two [babies] in a row."

Demi and Ashton: "I never

understood what kept them together. She is Scorpio, he is Aquarius — that means she is touchy-feely, warm and very loving. Ashton is very intellectual, cool and distant — brainy. This match was always a mystery to me. She can find someone better for her."

JLo & Marc: "[JLo, a Libra, is] very warm-hearted. They need to be free. He's Virgo, nice and structured — 'Where you are going, when are you coming back?' She wanted to be untethered. They just didn't belong together."

Strike a pose

Halasana — plow pose

▶ **1.** Bend from the hip joints to lower your toes to the floor above and beyond your head. Keep the torso perpendicular to the floor and legs fully

extended.

▶ **2.** Lift your tailbone toward the ceiling, but keep the pelvis tucked down.

▶ **3.** Press your hands against the back torso, pushing the back up toward the ceiling as you press the backs of the upper arms down. Clasp the hands and press the arms down on the support as you lift the thighs toward the ceiling.



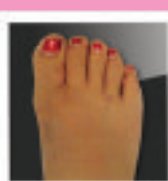
Get out of it: Bring your hands onto your back and roll out of the pose on an exhale.

Benefits: Halasana stretches the shoulders and spine, reduces fatigue and stress and is therapeutic for backaches, headaches, infertility and insomnia.

— Pose courtesy of Stephanie Knutsson, Bodyism Yoga instructor



Before



After



Before



After

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According to the Mayo Health Clinic, a 160 lb. person will burn 277 calories an hour walking 3.5 mph. So it will take walking approximately 3.03 miles to burn the 240 calories of a 20 oz. soda.

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Zen in the city

GABRIELLE BERNSTEIN

AUTHOR OF "SPIRIT JUNKIE"



www.gabbyb.tv

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

SPIRIT JUNKIE TIPS FOR THE NEW YEAR

Each new year I love offering tips for making positive change. Now is the perfect time to make powerful change — your willingness is at an all-time high. Apply these principles, and you'll kick off the new year with a happier approach to life.

Take a ME break

Commit to a ME break at least once a week. Take time out to focus on yourself. This is a powerful habit to create early in the year. Need some suggestions? Take a long yoga class or prepare a nice meal for yourself. My favorite ME break is to take time out for a massage or facial.

Get creative

This year, I commit to spending more time painting. This artis-

tic hobby takes me out of my daily patterns and ignites my inner spirit. Pledge to engage in a creative project or even take a trip to the museum. You'll find that time spent in creativity heightens your happiness and gives you more energy for the other areas of your life.

Sit back and receive

I work hard to balance my go-getter mentality with my "sit back and RECEIVE" approach to life. This year, welcome stillness and practice receptivity. Begin today with one of my free Spirit Junkie guided meditations, available at www.gabbyb.tv.

Incorporate these ideas into your daily practices and enjoy the positive results. Trust that the universe has your back, expect miracles and be happy!

— Gabrielle Bernstein is the author of "Spirit Junkie."



Bernstein gets creative.

Charity

Say om, fight sex slavery

This month, your yoga practice can have benefits going far beyond your



own well-being. The Soma-ly Mam Foundation has teamed up with various city studios sponsor special classes through the Yoga Freedom Project, with funds going toward

the eradication of sex trafficking. On Jan. 31, there will be a closing celebration. For the class schedule and other info, visit www.yoga.freedomproject.com.

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3 Career resolutions for 2012

► The new year is the perfect time to take stock of your work life ► Simple ways you can get ahead

Know what you want

First off, understand what it is that you want to accomplish. "Who do you want to be in 2012?" asks Sarah Hathorn, CEO and founder of Illustra Consulting. "Get crystal clear on your career goals. Challenge yourself to renew and recreate yourself in a way that capitalizes on your talent while it un-

NEW IN THE NEW YEAR

earths a new you."

Keep it professional

As technology makes it easier to take work home, remember to keep work and your personal life separate. Ed and Ellen Schack

— who are, respectively, the CEOs of EES Cosmetic Solutions and Cowabunga Ice Cream — have set a few resolutions for themselves in their home-based businesses. "Answer the phone, fax or e-mail only during business hours," they advise. And never, of course, work in pajamas.



JULIA WEST
letters@metro.us



► Now that January is underway, take some time to set goals for the year ahead.

Get organized

Can't find the latest invoice or memo among endless emails? Or maybe it's buried somewhere under the heaps of paper on your desk? Time to think about making this the year you get

organized.

Not only should your physical workspace be kept orderly, but you should also have a handle on business expenses — it can save you some real money in 2012.

"The IRS may only need receipts for expenses over \$75. However, by

not tracking the smaller items, you could be losing potential expenses that can be written off," explains Jane Evans, owner of a Pennsylvania branch of BookKeeping Express. "Organize receipts in categories such as utilities, supplies, contract labor and rent."

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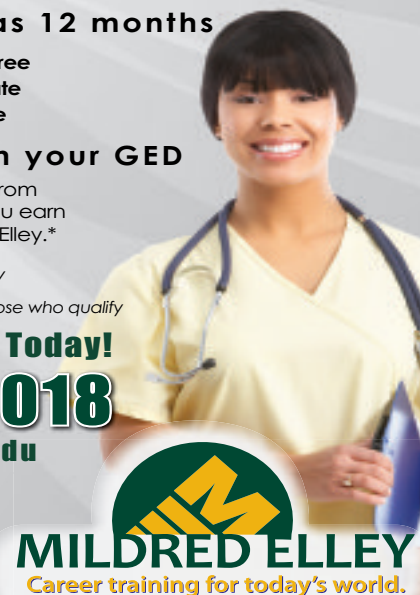
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► Author Nicholas Lore on his holistic approach to finding the right job — exactly the right job ► What they didn't tell you in college

Sometime in the 1970s, while managing a solar energy company, Nicholas Lore came to the difficult realization that he was simply bored by his job. He promptly embarked on a long journey to discover his true calling, and by 1981 he'd found it: helping others find their true calling. He founded the Rockport Institute in Rockville, Md., and today Rockport is one of the leading career-coaching firms in the country.

His 1998 book, "The Pathfinder," is being rereleased this month by Si-

NEW IN THE NEW YEAR

"If there is just one major piece missing, you can wind up hating what you're doing."

NICHOLAS LORE

mon & Schuster, with hundreds of pages of updated material. "The idea is to work like a detective to find clues that will lead you to a place where the whole 'What am I going to do?'

question is over," explains Lore.

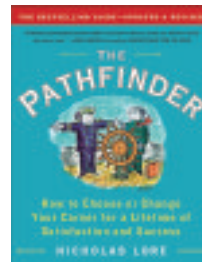
For Lore, the key is a holistic approach that takes into account far more factors than traditional counselors are willing to consider. "In college, kids don't go to the career center, because they generally know it won't be helpful," says Lore. "What we do is consider many more factors, because if there is just one major piece missing, you can wind up hating what you're doing."



BRUCE WALSH
bruce.walsh@metro.us

Try it on

► In "The Pathfinder," Lore writes that your goal should be to "[design] a career that fits you elegantly, perfectly, like a custom-made suit."



► Your path not working out? Lore recommends considering many factors when choosing a career — or a new career.

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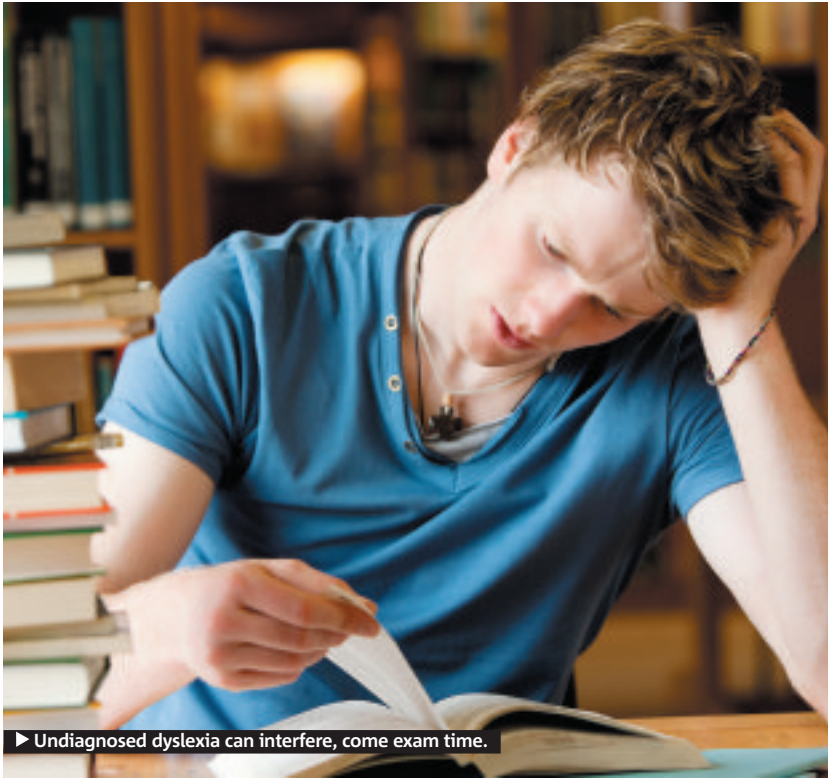
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When it comes to dyslexia, diagnosis is never too late



► Undiagnosed dyslexia can interfere, come exam time.

WAVEBREAK MEDIA

► For adult students, understanding the condition can lead to a better education ► How to get diagnosed

In 2011, Pulitzer Prize-winning poet Philip Schultz authored "My Dyslexia," a frank and touching memoir of his childhood struggles. The book inspired many parents to seek help for their children.

But what about college students who suspect they have an undiagnosed learning disability? For many, seeking help can be a harrowing experience.

Georgann Mire is the founder of Mire Consulting, a Louisiana-based company that specializes in counseling and advocacy for dyslexic students. She is also on the board of directors for the Louisiana Branch of the International Dyslexia Association (www.interdys.org).

If you suspect that you may be dyslexic, is it important to get a diagnosis — even if

you're already in college?

Yes. There are so many ways dyslexic students can get derailed along the way, from final exams to certifications. Any assistance these students can get is going to help them.

Where can students receive a diagnosis?

A diagnosis can be expensive, somewhere around \$1,200. This is a big problem, because often this testing stands in the way of a student receiving [his or her] civil rights. Some schools offer testing at their disability center. Some people are able to get tested through their state vocational rehabilitation agencies. If you have the money, a diagnosis is definitely worth it. On the International Dyslexia Association website, there is a screening tool to see if you are a candidate for testing.

Q&A

Often, we think of dyslexia strictly as a deficit. Are there strengths that tend to be associated with it as well?
Absolutely. Kids with dyslexia are typically very creative and intuitive. Often, they are very mentally tough, as well, because they've had to navigate a lot of obstacles at school. Once they get into their own field, they often excel, because they naturally think outside of the box. They process language in a different way, so they give us a whole new perspective on the world.



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Letters

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Your time is over, Obama

RE: "CUT OBAMA SOME SLACK": The Obama apologists are incredible. Even a simpleton can see that his excuse that it would take some time to fix the economy is a preemptive strike against future criticism. As Obama will tell us up until November: "It's still going to take a long time, but hold on a minute, sweetie, just vote me in again and I'll continue." He'll only continue leading America down the path to third-world status.

FRANK DIXON, VIA E-MAIL

The Obama camp should

stop whining about the mess he inherited. Obama may have inherited an economic mess, but he's done nothing in three years but make it worse. A coach in the NFL brought in to turn a losing team around won't keep his job if he doesn't do it in three years. A CEO brought in to turn a failing company around won't keep his job if he doesn't do it in three years. Obama was elected to fix the economy. He said if he didn't do it in three years, he'd be a one-termer. Well?

ALAN HOLBROOK, VIA E-MAIL

Thank you, Jonathan Perry, for your letter regard-

ing President Obama! I've never seen a president so scrutinized as this one. He can't do anything right according to those who want to see him fail.

LENORE MCKINNEY, VIA E-MAIL

Both sides have overfed the Fed

RE: "FEDERAL GOVT. ROBBING US ALL": Kelly Donnoe and Frank St. George's scare story about the Fed is not how it works. Comparing Ben Bernanke to whatever was done 200 years ago is no argument. Respected economists agree that the Fed should increase the money supply in a reces-

sion, then tighten it during recovery. We've done it before, it's not a problem. The problem child in Washington is the misguided policies of extremists. Democrats have moved to the center of the political spectrum. Republicans have moved further to the far right wing.

HARRY THORN, VIA E-MAIL

Republicans: Job destroyers

Republicans have always bought what they wanted politically. Look how they punished the middle class who were enjoying home ownership while working at a secure union job. "God the middle class is starting to enjoy a lifestyle similar to ours. Let's buy more politicians and ship these jobs overseas!"

EDWARD J. HERMAN, VIA E-MAIL

Horoscope

♊ Capricorn Dec. 22-Jan. 19. To your credit, you'll establish some meaningful objectives for yourself. By doing so, it's likely that a number of your big targets will be reached.

♊ Aquarius Jan. 20-Feb. 19. Go ahead and make the pitch that you've had in the back of your mind. You have the ability and expressive knack to capture the imagination and support of others.

♊ Pisces Feb. 20-March 20. Although most people are likely to find unexpectedly shifting conditions somewhat traumatizing, you're apt to thrive on them. You'll figure out ways to use them to your advantage.

♊ Aries March 21-April 19. You should make arrangements to meet with a particular person who is important to your immediate plans. If you don't go overboard, he or she can be swayed to your side.

♊ Taurus April 20-May 20. A substantial portion of your time might be devoted to helping another sort out his or her affairs. You will benefit from your good deed later on.

♊ Gemini May 21-June 20. Keeping busy will be a very pleasant experience for you. Even if a small disturbance or disruption should occur, your frame of mind will help you.

♊ Cancer June 21-July 22. It would be a good idea to tidy up things in places where you see that others have left things dangling. You have a remarkable faculty for organization.

♊ Leo July 23-Aug. 22. You're entitled to relax and have some fun time, but make sure you have your work done first. If not, mundane activities are likely to eat up most of your day.

♊ Virgo Aug. 23-Sept. 22. Be resourceful and enterprising if you'd like to have an especially good day. It can be remarkably rewarding if you give more meaningful endeavors your attention.

♊ Libra Sept. 23-Oct. 23. Just because others have offered suggestions, don't hold back your ideas, especially if you think they're better. If your brainstorming has merit, those involved will feel the thunder.

♊ Scorpio Oct. 24-Nov. 22. If you get an opening to speak up regarding a debt that is owed you, don't hesitate to take it. People who are short of cash sometimes ignore their obligations as long as possible.

♊ Sagittarius Nov. 23-Dec. 21. In many instances, we are inclined to reflect the verve and mood of our companions, which is likely to be the case for you currently. If you're with a sullen type, try to turn it around.

BERNICE BEDE OSOL

WRITE A LETTER TO METRO: SHARE YOUR VIEWS ON THE WORLD OF NEWS AND ENTERTAINMENT

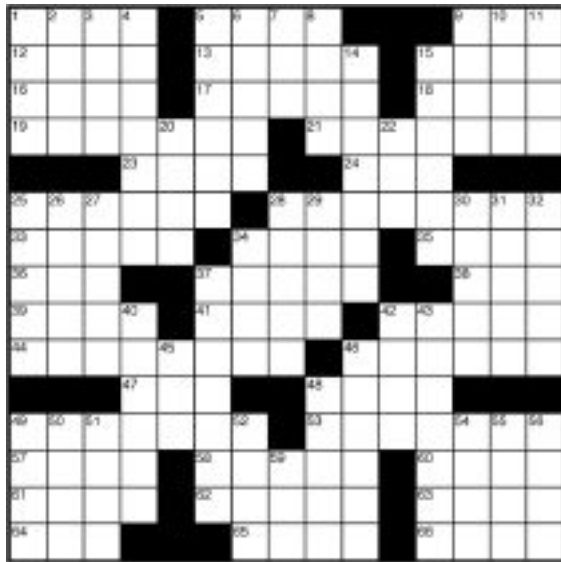
LETTERS@METRO.US

Across

- 1 With, to Henri
- 5 Heavy metal
- 9 Ginza money
- 12 Corn holder
- 13 Dismantle a tent
- 15 Chanel's nickname
- 16 Some locks
- 17 Kitchen gadget
- 18 Orpheus played it
- 19 Stretchy
- 21 Questionable
- 23 Bk. writer
- 24 Fish's rudder
- 25 Long-eared pooch
- 28 Kind of meal (hyph.)
- 33 Photographer — Adams
- 34 Lanolin source
- 35 Potter's need
- 36 Deep water
- 37 Oater salutation
- 38 Sign
- 39 "___ La Douce"
- 41 Hurlers' stats
- 42 Flowerpot spot
- 44 Carriage drivers
- 46 Alcove
- 47 "Big Blue"
- 48 Trademark
- 49 Lady's room
- 53 Elsa's offspring (2 wds.)
- 57 ___ spumante
- 58 Twangy, as a voice
- 60 Seine feeder
- 61 In vogue
- 62 Troll's cousin
- 63 Marina sight
- 64 Kubrick's computer
- 65 Very willing
- 66 Olden times

Down

- 1 Late tennis great
- 2 Tiny bottle
- 3 Lamb's alias



- 4 Prom-night must
- 5 Clear plastic
- 6 Tennyson's "___ Arden"
- 7 Showery mo.
- 8 Lockbox document
- 9 Goofball (hyph.)
- 10 Pantyhose shade
- 11 Thumbs-down votes
- 14 Impatiently
- 15 Flu shot locale
- 20 Rock group Jethro ___
- 22 Keane of "Family Cir-

- cus"
- 25 Fundamental
- 26 January, to Juan
- 27 Fujiyama neighbor
- 28 Dubuque denizen
- 29 Looks sleepy
- 30 Soar
- 31 Dangles
- 32 Little kids
- 34 Got threadbare
- 37 ___ and hawing
- 40 Low-pH
- 42 Construction toy

- 43 Thrift
- 45 Cinemax rival
- 46 Made cloudy
- 48 Pack animal
- 49 "The Well-Tempered Clavier" composer
- 50 Labor Dept. division
- 51 Elec. or gas
- 52 Called the butler
- 54 Ta-ta in Turin
- 55 Glasnost initials
- 56 ___ noire
- 59 Nearest star

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4		8			9	2	
7					6		5
		9		1		8	
	4		7				2
		3	6			9	1
2				8	1		3
1					2		6

SUDOKU LEVEL: EASY

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	6						9	
5			4	2				

SUDOKU LEVEL: HARD

Solution to weekend's crossword



How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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3

Giants beat up Atlanta offense

► New York defense pitches shutout in wild card win ► Bradshaw, Jacobs carry load on ground ► Nicks goes for 115 yards, 2 TDs in the passing game

NICK LAHAM/GETTY IMAGES



► Hakeem Nicks waltzes into the end zone at the end of a 72-yard reception. It was Nicks's second score of the game.

What went right for the Giants ...

1 Run stuffed — The Giants went into the game wondering how to stop Michael Turner. But by game's end they solved their biggest concern, as they corralled Turner (41 yards on 15 carries).

2 Still the Mann — Eli Manning continued to tear through opposing defenses as he accounted for all but three points. Manning went 23-of-32 for 277 yards and three touchdowns and severely outplayed counterpart Matt Ryan, who had no touchdowns. Manning had a history of coming up short in big home games, but he finally looked comfortable.

3 Last is first — The Giants' running game — dead last in the NFL during the regular season — was just efficient enough to keep the Falcons' defense off balance. Ahmad Bradshaw and Brandon Jacobs both had respectable afternoons, as they ran for 63 yards and 92 yards respectively. They combined for 5.5 yards per carry. ● METRO/TW

24

GIANTS (10-7)

2

FALCONS (10-7)

What went wrong ...

1 Oh! Line — The Giants' offensive line looked shaky early, as former Jet John Abraham got in the backfield for a sack and a couple hurries. When Eli Manning took a safety on an intentional grounding call, things looked worrisome. But the Giants' line looked much better from then on.

2 Too much yellow — It didn't end up hurting them yesterday, but the Giants had seven penalties for 73 yards in the game. They need to clean that up going forward.

3 First down? — At the end of the first half, Manning completed a pass to Hakeem Nicks on second down that appeared to be a first down. Instead, the officials marked it inches shy. The Giants rushed to the line and threw a deep pass that was incomplete. Tom Coughlin should've asked for a measurement, though the booth blew the review. ● METRO

In the news



LSU, Alabama meet for title

Sure, we have already seen it before, but now it counts. Probably.

LSU and Alabama meet in the BCS National Championship tonight (8:30, ESPN) in New Orleans. Of course, LSU beat the Crimson Tide, 9-6, in overtime back in the regular season, but now the BCS title is on the line.

As for the AP title, well that is voted on and an LSU loss could open the door for Oklahoma State.

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CHRIS TROTMAN/GETTY IMAGES



► Ahmad Bradshaw, front, and Brandon Jacobs combined for 155 yards rushing on 28 carries.

Jacobs, Bradshaw carry heavy load

- Much-maligned running game holds up their end
- Manning says rush will open up passing game more

The unsung star in the wild-card win was the ground game, which ended the regular season as the worst-ranked attack in the NFL. But it was Jacobs with a game-high 92 yards and Bradshaw (63 yards) who controlled the tempo. The running game wasn't spectacular, but they were certainly efficient enough to keep the Falcons' defense off balance. "The running game slowed down the pass rush and slowly chipped away," said Eli Manning, adding this is the best stretch of football they've played in a

Who's next?

Tom Coughlin said in the press conference following the game he had no idea who the Giants were facing next:

"We weren't sure where we were headed, but I just heard that a second ago. We look forward to doing the best we can to prepare for the trip to Lambeau again," said Coughlin, trying to appear as if he didn't know prior to the game who'd they face if they won.

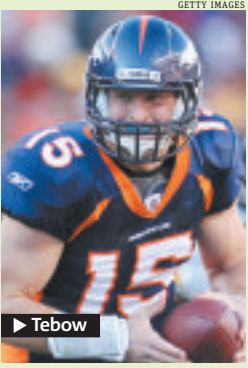
long time. "I think it could be the best we're playing all season. It's a good mix of run and pass. Everyone knows their responsibilities. And if the running game can continue to get going it'll open a lot of lanes for our passing game and for plays downfield. "I felt good with having them back there behind me," Manning said, then adding a little hyperbole. "Those guys have been playing fabulous all year and I knew they'd play well."

 **TONY WILLIAMS**
sports@metro.us

Broncos pull upset of Steelers

The Tebow magic is now officially playoff tested and approved. The Broncos knocked off the heavily favored Steelers, 29-23, in overtime to move on to the divisional round of the playoffs against New

England. The Steelers rallied from 10 down to tie the game at 23-23 and had a chance to win the game. Instead, the Steelers' final drive ended with a sack on a failed Hail Mary attempt. The Broncos won the overtime coin flip and Tim Tebow found Demaryius Thomas on an 80-yard touchdown pass on the first play. ● METRO



► Tebow

Newly Constructed Apartments for Rent

West 53/54 Street Apartments Phase 2 is pleased to announce that applications are now being accepted for 96 affordable rental apartments under construction on West 54th Street, between Tenth and Eleventh Avenues, in the Clinton section of Manhattan. This building is being constructed through the Inclusionary Housing Program of New York City's Department of Housing Preservation and Development and the 80/20 Housing Program of New York State Homes and Community Renewal. The size, rent, and income requirements of the 96 apartments are as follows:

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5	2 Bedroom	\$669	2 3 4	\$25,611 - \$26,560 \$25,611 - \$29,880 \$25,611 - \$33,200
1	3 Bedroom	\$768	4 5 6	\$29,588 - \$33,320 \$29,588 - \$35,880 \$29,588 - \$38,520

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Completed applications must be returned by **regular mail only** (no priority, certified, registered, express or overnight mail will be accepted) to a post office box that will be listed on the application, and **must be postmarked by February 20, 2012**.

Applications postmarked after February 20, 2012 will be set aside for possible future consideration. Applications will be selected by lottery.

Applicants who submit more than one application will be disqualified. Photocopied applications will not be accepted. Preference will be given to: Manhattan Community Board #4 residents for 48 units; mobility-impaired persons for 5 units; visual and/or hearing impaired persons for 2 units; and City of New York municipal employees for 5 units.

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DARRYL TOWNS, Commissioner/CEO
www.nyc.gov/hpd



LISA BLUMENFELD/GETTY IMAGES

Posada will go out as a Yankee

Jorge Posada's career as a Yankee was already over. Now, according to reports, that is the only way he'll ever be remembered.

Posada, 40, will announce his retirement from baseball in the next two weeks, as first reported by WFAN's Sweeny Murti.

The catcher announced Nov. 9 at his foundation's dinner that he would not return as a Yankee, but said he was mulling over sever-

24

Posada was a 24th round pick by the Yankees in the 1990 MLB draft. He was picked 22 spots after longtime Red Sox catcher Jason Varitek.

al offers from other clubs. In the end, he will go out having spent his entire

17-year career in pinstripes.

Posada was made a full-time designated hitter in 2011, a move he was never particularly happy with. He struggled to a .235 average and 14 homers.

Posada finishes his career with a .273 batting average, 275 home runs and 1,065 runs batted in. He won five titles, though he played sparingly in 1996.

● METRO

► Posada is a borderline Hall of Famer due to his offensive proficiency at catcher.

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Knicks try to avenge bad loss to Bobcats

Last Wednesday Amar'e Stoudemire and Iman Shumpert returned to a hurting Knicks team on a night they were facing the lowly Bobcats. Everything was perfect. Until the game started.

When the final buzzer sounded the Knicks had been blown away, 118-110.

Tonight, the Knicks will get the chance to avenge their loss with each team's fortunes having changed drastically. The Knicks have won both games since, while Charlotte has lost both.

In Saturday's blowout of Detroit, Carmelo Anthony called it the first time they'd put together a full game.

"Tonight, we came out from the jump, from the

On TV tonight

Knicks vs. Bobcats
7:30 p.m., MSG/NBATV

beginning," he said. "Tonight, we put four quarters together."

In last week's loss to Charlotte, New York fell behind 62-52 at the half and never reeled them back in.

One of the bright spots in the Charlotte loss was the return performance of Shumpert. The rookie made his first career start against the Pistons and should start again tonight. He's not a true point guard, but he's already become a fan favorite.



MARK OSBORNE
mark.osborne@metro.us



► Iman Shumpert should get his second career start tonight against the Bobcats.

NATHANIEL S. BUTLER/NBAE/GETTY IMAGES

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